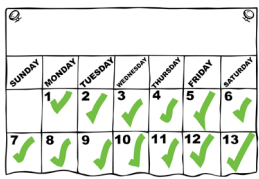


REGARD: ABOUT YOU

At Regard, we support people with Learning Disabilities, Mental Health needs or Acquired Brain Injuries to live their lives the way they want to. Here are some of the ways we can help you.



24 HOURS!

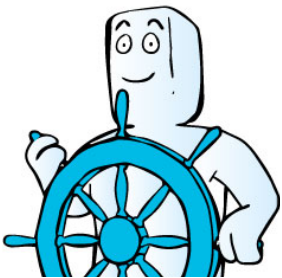
Support

We support you for just a few hours a week or 24 hours a day.



Hobbies

We support you to go to places you want to go and to do the things you choose, at times to suit you.



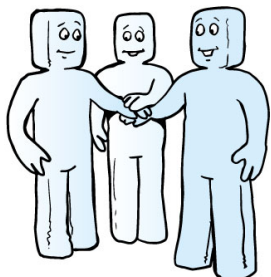
Independence

We believe in allowing you to be in control and make your own choices.



Having a voice

We can help you become more independent, more confident and speak out.



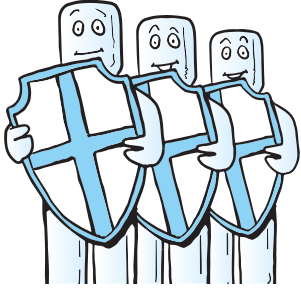
Friendship

We can support you to meet new people and do things in your community.



Respect

We will always treat you with respect and listen to what you say.



Staying Safe

We will help to keep you safe from being abused, harassed or attacked and other risks that life may hold.



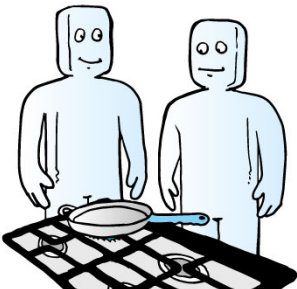
Everyday Tasks

We can do everyday tasks with you, not for you, so you can become more independent.



Transport

We can support you to use public transport to get around.



Everyday Risks

We can support you to do things you want to and still be safe.

At Regard, we put the people we support at the heart of everything we do, we will support you to manage the life you choose to lead.



Please contact us to find out more.

020 8255 4433

www.regard.co.uk

Regard, supporting people to live independently